# **Lorraine Woodruff-Long**

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### **Lecture Title:**

Polychrome, Commentary & Reimagined: Lorraine Woodruff-Long of Quilting in the Fog

#### Description:

Lorraine will share her quilting journey and how that that has culminated into her three categories of quilts:

- Polychrome color, color, COLOR!
- Commentary art quilts that pointedly address issues facing our world including climate change, reproductive rights, gun violence, democracy and social justice.
- Reimagined quilts made from clothing and repurposed fabrics.

Attendees will gain ideas on how to explore quilting for practical, political and passionate needs.

Length: 1 hour

Price: \$375 plus travel expenses

Venue: Zoom or in-person by arrangement



Polychrome: Improv Mosaic



Commentary: Quilt Melt



Reimagined: Five Dresses

# **Lorraine Woodruff-Long**

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### **Lecture Title:**

Quilts as Commentary: A source of healing, expression and action

#### **Description**:

Lorraine will share the inspirations for, and creation of, her ongoing Commentary Quilts series. Sharing artists and creators that have provided inspiration, she will discuss how to use quilting arts to express beliefs, frustrations and aspirations for you community, country and the world. Find out how using your own quilt art practice can provide both a creative outlet, and source of healing and action and how to share your message and art for greater visibility.

Attendees will gain ideas on how to repurpose textiles into statement art, seek sources of inspiration, and use quilts to express concerns and beliefs as well as take action publicly and online.

Length: 1 hour

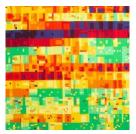
Price: \$375 plus travel expenses

Venue: Zoom or in-person by arrangement

### **CLIMATE CHANGE**



You're Getting Warmer: Rising Global Temperatures 1850-2022



San Francisco Air Quality Fall 2020



Wildfire

### REPRODUCTIVE RIGHTS



Roe, Roe, Roe

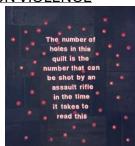


Less than a fully adult human...



I wish my uterus...

### **U.S. GUN VIOLENCE**



The number of holes...

## SOCIAL JUSTICE



Say their names

# **Improv Mosaic 1:2:3**

## **Lorraine Woodruff-Long**

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Learn the concept of building an improvised mosaic quilt using improvised log cabin blocks at ratios of 1:2:3 (Large: 3", 6" & 9" blocks; Medium: 2", 4", & 6" blocks; or Small: 1", 2", & 3" block).

In this workshop you'll create an Improv Mosaic 20"x20" or 24"x24" sized pillow or wall hanging using the "Medium" scale blocks (6", 3", 2"). Participants will leave with a pattern layout and the skills to build a larger throw or bed quilt. This is a fantastic process for using scraps – even the smallest pieces!

Participants learn how simply and quickly make numerous small log cabin blocks via "scrappy chain piecing", and how to use these small starter blocks to create unique medium and large blocks. Participants can use the pattern and ratios to "riff" on what's learned in class to create their own block designs and versions beyond the log cabin blocks taught in class.

### **Workshop Length/Fee:**

- Zoom or in-person
- 6 hours (includes 1 hour break/lunch for participants if they choose)
- \$750 plus travel costs

### Supply List:

- Quilting Cotton:
  - Approximately 1.5 2 yards of a wide variety of fabric the more variety the better!
    - NOTE: This is a perfect project for tiny pieces, strips, weird sizes that you have hanging around! The blocks we'll be making will be 2.5", 4.5" and 6.5" – and are built with strips and pieces from the starting 2.5" blocks we'll make.
    - Bring your scrap bins for you and to share!
  - o Solids, or fine blenders/batiks that read as solid.
  - As many colors as you have on hand! Bring your scraps even the very small pieces!
- Sewing Machine
- Neutral thread
- Rotary cutter/cutting mat
- Acrylic ruler to cut strips whatever you use (I love my 3"x18" ruler)
- 6.5" acrylic block ruler (if you happen to have a 4.5" and a 2.5" acrylic block ruler, bring as well, but no need to go out and purchase.)
- Iron/ironing pad (or access to one)
- Small Design wall (24" x 24" piece of batting or white flannel)





Textile Intarsia 18"x18"

Log Cabin Fever Dream 36"x36"



Improv Mosaic #3 54"x54"

# **Express Yourself! Creating Text for Quilt and Fiber Projects**

## **Lorraine Woodruff-Long**

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Learn how to create and use custom applique lettering in your quilts and sewing projects. From the mundane to the shocking, using text to express your creativity adds a personal touch to your quilts. Great for expressing everything from "Happy Birthday" to "Smash the Patriarchy" - just make it yours! What will YOU say?

Participants will learn how to plan, trace, and cut detailed letters using standard alphabet templates and fusible paper backing on fabric. Learn how to plan, center, layout, and iron your text to a quilt or pillow cover, and finally, learn how to sew/secure your custom text to your quilt using your sewing machine to ensure it stays put.

### **Workshop Length/Fee:**

- Zoom or in-person
- 3 hours
- \$375 plus travel costs



# **Supply List**

- Fabric for backing (pillow or banner your choice of sizes). I used a cut up repurposed men's shirt cut to 21"x21" to make the front of a pillow.
- 1/2 yard Heat n Bond Iron-On Adhesive
- ½ yard light colored fabric (medium quilting cotton or denim)
- ½ yard darker contrast fabric
- <u>Westcott LetterCraft Stencil, Helvetica Font, Caps, 4-Inch Characters</u> (or letter design of your choice ideally 2" or larger)
- Pinking shears
- Regular shears
- Sharp, precise embroidery scissors
- Pencil
- Chalk
- Disappearing ink pen (optional)
- Tweezers





# Loving Hands Quilt Workshop

### **Lorraine Woodruff-Long**

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What better way to personalize a quilt than with the hands of loved ones? This is the perfect quilt to make for a special person: to honor a teacher using the handprints of students, a grandparent using the hands of children and grandchildren, or a friend using handprints of their team, bookclub, or workmates.

With photocopied handprints, participants will use the handprint as a pattern to cut out and create a negative and positive block from each handprint. Participants can even personalize and embellish the handprints with fabric or beaded jewelry. Each block is machine sewn down in your choice of applique patterns.

I will show you ways to complete your top and options for sashing and quilting.

### **Workshop Length/Fee:**

- Zoom or in-person
- 6 hours (includes 1 hour break/lunch for participants if they choose)
- \$750 plus travel costs



# **Supply List**

- Prep: Photocopies of participant handprints (directions will be provided to get best results)
- At least two contrasting fabrics: 2-3 yards of various light fabrics and 2-3 yards of various dark fabrics
- Terial Magic Spray-on fabric stabilizer
- Iron and towel (for ironing sprayed fabric so not to get on your ironing board.)
- Sharp cutting shears
- Sharp, precise embroidery scissors or small scissors
- X-acto Knife
- Tweezers
- Glue Stick
- Acrylic Ruler & cutting mat













# **String Theory: Basic Improv Quilting Block**

### **Lorraine Woodruff-Long**

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Join us for a half-day workshop to learn the versatile "String Block" for quilting. String blocks are a great way to use up fabric scraps and can add texture and interest to a quilt design. They can be arranged in various layouts to create different visual effects, making them a versatile and fun quilting technique.

## **Workshop Length/Fee:**

- Zoom or in-person
- 4 hours
- \$375 plus travel costs



## **Supply List:**

- Approximately 2-3 yards of a repurposed light-colored sheet or muslin fabric which will be cut
  up to serve as the base for your blocks. I use my old white, worn sheets. These will be used
  as a pattern, base for your blocks and won't be seen once you sew the strips onto it.
- An assortment of fabric strips/scraps and/or pieces that can be cut up or sewing into strips (woven fabric - no knit fabric such as t-shirts). Cast off men's shirting can be used or cut up cotton clothing as well.
- Thread for machine neutral color (gray/off-white) or something that blends with whatever fabric you choose.
- Scissors
- 45" or 60" Rotary cutter
- An acrylic ruler and/or any acrylic quilting block rulers you might have and like to use.
  - o If you are in the market for an acrylic block ruler, I suggest getting a 6.5". You can choose from a variety at Joann's or Amazon.
- Portable cutting matt
- Sewing pins
- Glue stick
- Pencil, chalk or disappearing ink pen for marking
- Iron/pad or board